



AZAM U13 APRIL ATHLETES TRAINING SESSIONS: COACH SHABANI YASSIN

SESSION: ATTACKING

This session will help players:

- .develop confidence on the ball under pressure
- . Improve passing and receiving skills
- . use combination play to create goalscoring opportunities
- . work on finishing

Week 1 (7-12)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TOPIC	Playing out to attack	Playing out to attack	Playing out to attack	Playing out to attack	Playing out to attack	FRIENDLY GAME
TIME	3:30 PM	3:30 PM	3:30 PM	3:30 PM	7:30 AM	7:30 AM
DURATION	2HRS	2HRS	2HRS	2HRS	2HRS	2HRS
Week 2 (14-19)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TOPIC	Width for deception	Width for deception	Width for deception	Width for deception	Width for deception	FRIENDLY GAME
TIME	5:30 PM	3:30 PM	5:30 PM	3:30 PM	7:30 AM	7:30 AM
DURATION	2HRS	2HRS	2HRS	2HRS	2HRS	2HRS
Week 3 (21-26)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TOPIC	Create to score	Create to score	Create to score	Create to score	Create to score	FRIENDLY GAME
TIME	5:30 PM	3:30 PM	5:30 PM	3:30PM	7:30 AM	7:30 AM
DURATION	2HRS	2HRS	2HRS	2HRS	2HRS	2HRS

Week 4(28-3)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TOPIC	Pass,turn,score	Pass,turn,score	Pass,turn,score	Pass,turn,score	Pass,turn,score	BONANZA
TIME	5:30 PM	3:30 PM	5:30 PM	3:30 PM	7:30 AM	8:00 AM
DURATION	2HRS	2HRS	2HRS	2HRS	2HRS	8HRS

PRIVATE SESSIONS (POTENTIALS)

AFTER MEETING WITH PARENTS THIS APRIL WE TRY TO HAVING SESSIONS AFTER SCHOOL TIMES ON TUESDAY AND THURSDAY 5PM FOR 20 POTENTIAL PLAYERS

- RICHARD ERASTO GAMBALAI 13YRS CM
- AHMADY MAJIDY 13YRS RM
- YUSUPH DAUDI BARAKATI 11YRS CM
- RAJABU IDDI MGULUMALI 13YRS CM
- KHALIDI MWIDADI KHALIDI 13YRS CM
- NABI SAID MOHAMED 11YRS ST
- RAZALO WAIDASH SALUMU 12YRS LB
- HENRY KELVIN DUMA 12YRS RB
- NASRI SHABANI ISMAIL 13YRS CM
- MILLYA MATHAYO 13YRS ST
- HAVEN DAVID TANGUKACHO 13YRS RB
- BRYAN JOHN KISUKA 13YRS CB
- FAHIMU ALLY NGALIMA 13YRS CM
- NASRI JUMANNE ABDALLAH 13YRS CM
- HOWARD BENJAMIN MTELELE 13YRS ST
- MOHAMMEDI SAIDI MOHAMED 13YRS ST
- SALUM SAIDI MOHAMED 13YRS GK
- HAMISI KESSY SHABANI 13YRS GK
- THABITI HAMIS FUNDISHA 13YRS CB
- RASHID ADAM RASHID 13YRS CB
- NASRI SALUM MLETE 13YRS ST
- FRANCIS OMARY HUSSEIN 13YRS RB